

## MAMA DONNA HENES, URBAN SHAMAN

"Unofficial Commissioner of Public Spirit of NYC."

- *The New Yorker*

"For 35 years Ms. Henes has been putting city folk in touch with Mother Earth."

- *New York Times*

"Part performance artist, part witch, part social director for planet earth."

- *The Village Voice*



Donna Henes is an internationally acclaimed urban shaman, contemporary ceremonialist, award-winning author, spiritual teacher and popular speaker whose joyful celebrations of public events have introduced ancient traditional rituals and contemporary ceremonies to millions of people in more than 100 cities for forty years. She has published four books focusing on cross-cultural ritual celebrations of the cycles of the seasons and the seasons of our lives: the amazon.com best-selling *The Queen of My Self: Stepping into Sovereignty in Midlife; The Moon Watcher's Companion; Celestially Auspicious Occasions™: Seasons, Cycles, and Celebrations* and *Dressing Our Wounds In Warm Clothes*; as well as the CD, *Reverence To Her: Mythology, the Matriarchy, & Me*. She currently writes columns about personal and planetary transformation for *The Huffington Post*, *Beliefnet* and *UPI Religion and Spirituality Forum*. A respected ritual expert, Donna serves as a consultant for the television and film industry. Her work has been featured in *The New York Times*, *The New Yorker*, *USA Today*, *The Daily Beast*, *Martha Stewart Living*, *Japanese Vogue*, *Crain's New York Business*, *Variety*, *The Village Voice*, *The Los Angeles Times*, *The Chicago Tribune* and more than 200 radio and national television in programs in the U.S., Europe and Japan. In addition to teaching and lecturing worldwide, Mama Donna, as she is affectionately called, maintains a ceremonial center, spirit shop, ritual practice and spiritual consultancy where she works with individuals, groups, institutions, municipalities and corporations to create meaningful ceremonies for every imaginable occasion.

For further information contact Mama Donna at  
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